

ONE HOPE

STELLENBOSCH CHURCH

PSALM 147



ONE FOUNDATION

ONE HOPE **STELLENBOSCH**

PSALM 147

¹Praise the Lord.

**How good it is to sing praises to our God,
how pleasant and fitting to praise him!**

**²The Lord builds up Jerusalem;
he gathers the exiles of Israel.**

**³He heals the brokenhearted
and binds up their wounds.**

**⁴He determines the number of the stars
and calls them each by name.**

**⁵Great is our Lord and mighty in power;
his understanding has no limit.**

**⁶The Lord sustains the humble
but casts the wicked to the ground.**

PSALM 147

**⁷Sing to the Lord with grateful praise;
make music to our God on the harp.**

**⁸He covers the sky with clouds;
he supplies the earth with rain
and makes grass grow on the hills.**

**⁹He provides food for the cattle
and for the young ravens when they call.**

**¹⁰His pleasure is not in the strength of the horse,
nor his delight in the legs of the warrior;**

**¹¹the Lord delights in those who fear him,
who put their hope in his unfailing love.**

PSALM 147

**¹²Extol the Lord, Jerusalem;
praise your God, Zion.**

**¹³He strengthens the bars of your gates
and blesses your people within you.**

**¹⁴He grants peace to your borders
and satisfies you with the finest of wheat.**

**¹⁵He sends his command to the earth;
his word runs swiftly.**

**¹⁶He spreads the snow like wool
and scatters the frost like ashes.**

**¹⁷He hurls down his hail like pebbles.
Who can withstand his icy blast?**

PSALM 147

**¹⁸He sends his word and melts them;
he stirs up his breezes, and the waters flow.**

**¹⁹He has revealed his word to Jacob,
his laws and decrees to Israel.**

**²⁰He has done this for no other nation;
they do not know his laws.**

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MATTHEW 11:28-30

Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.

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ISAIAH 40:26

Lift up your eyes and look to the heavens:

Who created all these?

**He who brings out the starry host one by one
and calls forth each of them by name.**

**Because of his great power and mighty strength,
not one of them is missing.**

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ONE RESPONSE

ONE HOPE **STELLENBOSCH**

**Thou hast formed us for Thyself,
and our hearts are restless till they find rest in Thee.**

AUGUSTINE

| ONE
HOPE

ONE HOPE **STELLENBOSCH**

PSALM 33:16-22

**¹⁶No king is saved by the size of his army;
no warrior escapes by his great strength.**

**¹⁷A horse is a vain hope for deliverance;
despite all its great strength it cannot save.**

**¹⁸But the eyes of the Lord are on those who fear him,
on those whose hope is in his unfailing love,**

**¹⁹to deliver them from death
and keep them alive in famine.**

**²⁰We wait in hope for the Lord;
he is our help and our shield.**

**²¹In him our hearts rejoice,
for we trust in his holy name.**

**²²May your unfailing love be with us, Lord,
even as we put our hope in you.**